

Lesson Notes:

Jesus, the Foundation of Our Lives

We all face trials and tribulations in our lives. The only way of overcoming life's setbacks is by building our lives on the truth of our savior Jesus Christ. By building our lives on the Foundation of Christ we can come to know the peace of God which Paul tells us in **Philippians 4:7** surpasses all understanding. Below are scriptural references to Christ as our foundation and techniques for building upon that foundation in our lives.

Scriptural Principles

- 1) **Christ is our Foundation** – Paul tells us in **1 Corinthians 3:11-13** that Jesus is the foundation of our lives and what we build upon that foundation will be tested by fire..
- 2) **What we build upon Christ Foundation will be our Heavenly Reward.** – **1 Corinthians 3:14-15** lists gifts that can be placed on the Foundation of Jesus. Whatever we place on that foundation will be tested by fire. First, gold, silver and precious jewels are listed. These represent gifts of great value such as **obedience, commitment, faith, love, and hope**. These can never be destroyed or consumed by fire. Other gifts listed are wood, straw and hay. These represent “**temporary love or commitment which is not lasting**”, which are easily consumed by fire.
- 3) **Christ sees our gifts from Heaven** – John tells us in **Revelation 1:14** that Christ has eyes like a blazing fire. He sees all that we do and puts our gifts to the test of fire.

How can we build on Christ's Foundation:

- 4) **Acknowledge Jesus in our daily life** – This should be performed both verbally and through our daily walk. Jesus tells us in **Matthew 5:16** to let your light shine before men. He also tells us in **Matthew 10:32** that if we confess him before others he shall confess us before his father in heaven.
- 5) **Seek ways to Serve.** – Opportunities to serve exist in our churches, schools, hospitals and communities. Coaching, mentoring and teaching youth groups, working in organizations that service the elderly or the poor. Prison missions is another opportunity to share the gospel. Paul tells us in **Romans 8:28** that God has a purpose for us. In **Galatians 1:15-17** Paul encourages us not to waste time in fulfilling God's purpose in our lives.
- 6) **Through Obedience.** – Jesus tells us in **John 14:23** that God loves obedience.
- 7) **Setting Proper Priorities** – In **Philippians 3:12-14, 20** Paul encourages us to set proper priorities in our lives.

- 8) **Staying in the Word** – David tells us in **Psalm 119:11** that he has hidden the word of the Lord in his heart so that he may not sin against thee.